

Learn effective techniques to discuss co-occurring mental health and substance use with adolescents in primary care setting.

SBI WITH ADOLESCENTS: COMORBID SUBSTANCE USE & MENTAL HEALTH¹

SBI with Adolescents: Comorbid Substance Use and Mental Health prepares healthcare providers to engage adolescent patients with co-occurring substance use and mental health issues. The content of this simulation builds on the lessons in *SBI with Adolescents*, which introduces foundational screening, brief intervention, and referral to treatment concepts.

CONTENTS & LEARNING GOALS

- Best practices for triaging adolescents with co-occurring substance use and mental health concerns
- Screening adolescents using validated tools and appropriate interventions for different risk levels
- Applying motivational interviewing methods to manage a challenging patient encounter and reinforce change talk

SBI with ADOLESCENTS

Comorbid Substance Use and Mental Health



Simulation Duration: 40 min

Curriculum Hours: 3 hrs

CE: 1.0 CME | 1.0 CNE | NASW*

*Pending

CASE

NAME Zoey Benally	AGE 16	PRONOUNS she, her, hers	Conversation Time: 35 min Conversation Skills Didactic: 5 min
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SCENARIO

Zoey came to your clinic because of a persistent cough. She completed several screeners during her intake that indicate she may be experiencing moderate depression and low suicide risk while engaging in risky opioid use.

GOALS

Talk with Zoey about her substance use and help connect her use to her mental health during a brief intervention. Collaborate on a change plan to reduce Zoey's opioid use, and motivate her to follow through on a referral to a specialist for further assessment.

Step 1

visit

kognitocampus.com

Step 2

create account
using enrollment key
[okhealthcare](https://okhealthcare.com)

Step 3

launch

*SBI with Adolescents:
Comorbid*